

OFFICE OF THE DEAN

BIRSA MUNDA GOVERNMENT MEDICAL COLLEGE, SHAHDOL (M.P.)

E-mail – deansshahdol@gmail.com
Website : www.gmrshahdol.org

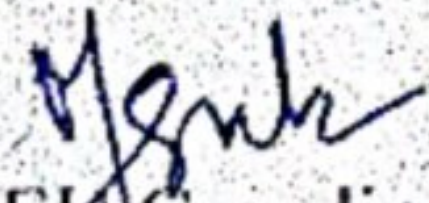
Office No- 07652243000
Fax No- 07652243222

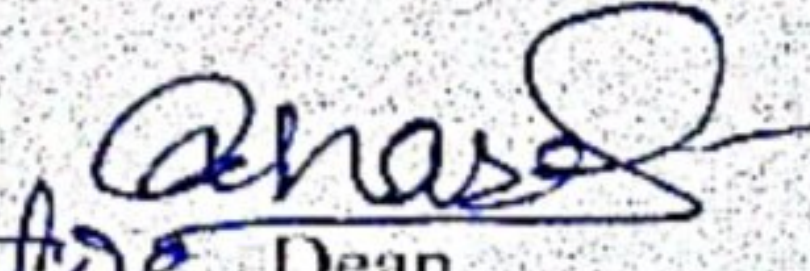
Shahdol date 15/09/26

No 10922 / MEU / BMMMC / 2026

BIRSA MUNDA GOVERNMENT MEDICAL COLLEGE, SHAHDOL, M.P. FOUNDATION COURSE TIME TABLE -2026 BATCH

Date	9-11 am	11am to 1pm	2pm to 4pm	4 to 5
15-09-2026	Welcome to the students	Visit of Anat, Physio and Biochem Department.	PSM dept and Hospital Visit (PSM Dept)	Fun games (All Demonstrators 1st MBBS under Dr Ruchi Shrivastava)
16-09-2026	The MBBS Programme (Dr Mitesh)	Role of Doctor in society (Dr Ajay Saluja)	Health care system and delivery (PSM Dept)	Cricket (Dr Gajendra, Dr Nikesh)
17-09-2026	History of Medicine (Department of Med'cine)	Biomedical waste Management (Microbiology Department)	Academic ambience -Group activity (Dr Mitesh sinha)	Skit (All Demonstrators 1st MBBS under Dr Ruchi Shrivastava)
18-09-2026	Ethical dilemma in medicines : Case based (Dr Abhishek Pillai)	Alternative Systems of medicine (Ayurved/Hemcopathic Clinician)	Learning through Stimulations and Skill lab (Dr Mohd. Mujahid Ansari)	Board Games (Dr Satya Kishore, Dr Prakash, Dr Prabhat)
19-09-2026	Communication with Patients, relatives and healthcare professionals (Dr Pranda Shukla)	Clinico laboratory Communication (Pathology Department)	My role Model (Narration by the students) (Dr Rakesh Manglani)	Painting (Dr Nidhi, Dr Md Bilal, Dr Ashma)
21-09-2026	Field Visit (PSM Dept)		Universal Precaution (Microbiology Department)	Mobile Photography (Dr Nidhi, Dr Md Bilal, Dr Ashma)
22-09-2026	Ragging Rules and Regulation (Dr Sunil Tidke and Dr Kiran)	Vaccination Schedule (Pediatric Department)	Curiosity to Evidence: Your First Step into Medical Research (Dr Akash Ranjan)	Volleyball/Badminton (Dr Anurag, Dr Nikesh Nagar)
23-09-2026	Gender Sensitivity (Dr Sona Singh)	First Aid (Orthopaedic Dept)	Nutrition and hygiene (PSM Department)	Medical coaching and NEET Memes Making (Dr Dilshad, Dr Kashmira)
24-09-2026	Learning By SDL (Dr Izhar Khan)	Stress Management (Dr Rahul Mishra)	Time Management (Dr Israr Khan)	Yoga (Physiology Department under Guidance of Dr Mitesh)
25-09-2026	Career Pathways & Personal Growth after MBBS (Dr Nagendra Singh)	Dealing with violence with doctors (Dr Jitendra Sharma)	Use of E learning Methods (Dr K K Pandey)	
26-09-2026	CBME and Roles of IMG (Dr Mitesh Sinha)	Mentor -Mentee Meeting	Computer Basics (How to make a PPT) Dr Vikrant	
28-09-2026	Basic Life Support (Anaesthesia Dept.)		Remedial	Feedback


MEU Coordinator
Birsa Munda Government
Medical College, Shahdol


Dean
Birsa Munda Government
Medical College, Shahdol

OFFICE OF THE DEAN

BIRSA MUNDA GOVERNMENT MEDICAL COLLEGE, SHAHDOL (M.P.)

E-mail - deanshahdol@gmail.com ,

Website :- www.gmcshahdol.org

Office No- 07652243000

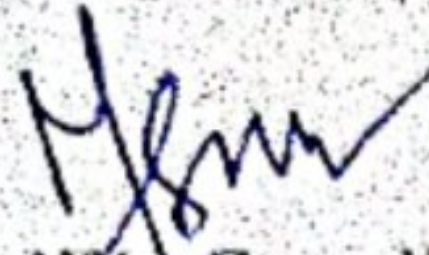
Fax No- 07652243222

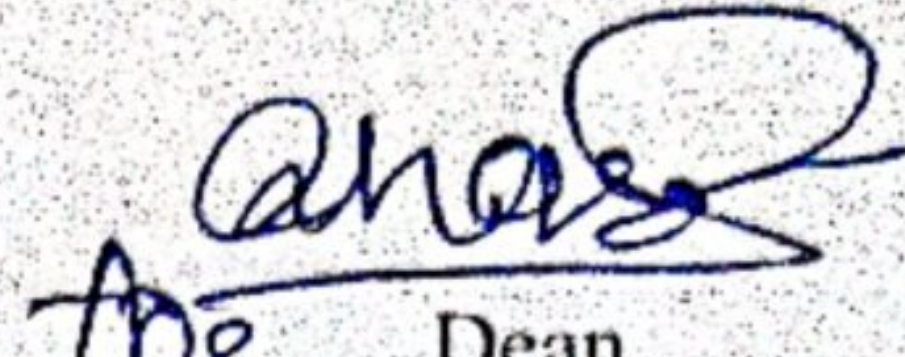
No. ¹⁰⁹²³ - 10926 /MEU/BMGMC/2026

Shahdol, Date 1.5.2026

Copy To:

1. Convener, NMC Regional centre for MET, SAIMS, Indore
2. All HoDs, Birsa Munda Government Medical College, Shahdol.
3. All concerned Faculty, Birsa Munda Government Medical College, Shahdol
4. IT In-charge to upload on website of the institute.


MEU Coordinator
Birsa Munda Government
Medical College, Shahdol


Dean
Birsa Munda Government
Medical College, Shahdol